

An Epiphany

Hello my friend,

I want to share with you a journey I have taken. In fact, one I am still taking and one I will take gladly, for the rest of my life.

I have been truly blessed. I live a life full of love, abundance and gratitude. I am surrounded by the incredible gifts and miracles that God grants me daily. But this wasn't always so, or I should say, I didn't realize it was so.

And then something happened.

I found FELICITY.

In the winter of 2008, I was expecting my 8th child. As one would expect, I was very tired and overwhelmed by everything I had on my plate: 7 children under the age of 11 to raise, a business to grow, a household to maintain, a husband to love, friends to keep up with, church to volunteer at, bills to pay, a growing body to contend with, and a new book to be released.

My husband and I were just like so many Americans caught off guard by the housing market. We had built our dream home but could not get rid of our other house. We spent a full year of paying two house payments and finally found renters. However, they turned out to be what you would call "squatters". Needless to say, financially, we were really hurting. This was compounded by the fact that my husband worked for Chrysler and had his income slashed nearly in half with the near failure of the auto industry.

We had faith in God. We knew we would survive this time in our lives. My parents had what they called "The Pot Pie Years" when they were first married.

Finding My Felicity

We were having our “Mac & Cheese Years”. But still, it was getting very hard and the kids and our friends and family were starting to notice.

I was tired of being one person in public and another at home. On the outside I was perky and happy; but when I got home I would become depressed, angry and cry. I was not the mother that my children needed and I was certainly not the wife my husband needed. I wanted to be a great businesswoman, but I felt I was lacking in almost every area and had fear that everyone saw me as a joke.

I started craving time for myself, but not just to sleep (which I loved to do), but to read about meditation and new philosophies on life. I was lead to watch [The Secret](#) which I had watched once before, but this time...it had an unbelievable affect on me. In the movie it says there is actually a Law of the Universe that exists (like the Law of Gravity) that says “like attracts like.” Basically, you can attract anything you want in life: happiness, wealth, love, health, spiritual health – anything! It is called the Law of Attraction. I was more than intrigued, I was ENERGIZED!

Could this be? You can get anything you want in life by being positive and happy.

Really?

So I watched [The Secret](#) again & again. I found books by the authors featured in [The Secret](#) and then read the books they suggested. I began studying the Law of Attraction in earnest, hungry for answers.

As I dug deeper into the Law of Attraction I was challenged by being asked to speak on the subject the following spring. So I then took the next year as an opportunity to experiment and grow in the Law of Attraction, the power of positive thinking and intention.

The result was a gift from God – an actual miracle.

Finding My Felicity

Not only did I come to realize how *incredibly blessed* I was, but things started to happen for me. My entire attitude changed, my event planning business almost tripled, I published six books (yes in one year!), one of them was selected to be the official wedding guide of a national wedding website, I am a regular contributor to WedPlan101, I am a newspaper columnist, I started my own publishing company, I began receiving requests for public speaking jobs, I was honored as one of the top **200 Leading Moms in Business** in the country, I was contacted by the Dr. Phil Show, we were blessed by finding fabulous renters who signed a three year lease, my husband still has a job, our whole family is actually exercising, we are actually paying our bills and then some, and doors seem to open for us whenever we need them to.

But most importantly, I am **happy**. I love life! It is a gift to wake up each morning and say to myself, “I love my life – I wonder what miracles are going to happen today?” I found peace, I found joy...

I found FELICITY.

Your main purpose in life is to be happy. You may not know it – but that is what it is. From there you can do anything. You can climb mountains, cure cancer, fix the government, help abused children, and create beautiful works of art – whatever your passion may be. But first – **you must be happy**.

Throughout this book I will be referring to a higher power. For me it is God, for others it is the universe. For simplicity I will be using the word God. Please know that it does not matter what I think; only what *you* think this higher power is. Just know that there IS a higher power.

This book is for you. It is to guide you through the process I went through to change my life. It won't be without its challenges. You will be changing the way you look at, feel and react to things that have been a part of you for a very long time. But the great news is that you can do it – anyone can! Make it clear what you want, start following the steps on the following pages, and the universe will draw everything to you like a magnet.

Finding My Felicity

My gift to you is to help you find your FELICITY.

Are you ready to receive it?

With a happy heart,

Crista Tharp